Students Learned about Themselves Clip 8 Transcript

Speaker 1: I've learned that I like to be involved and I don't like to sit in the background and wait for other people to do things. I like to go out in front. I learned a lot that I know about my interests and I have a more concrete vision for myself. I know what I want to do in the future and I know exactly who I am. I guess being a part of the clubs helped me find out who I am.

Speaker 2: It helps you understand the type of person you're becoming and it gives you different experience and it helps you develop your social skills. I used to be a little shy, but this year I had to step up my game and be more involved and take leadership roles and everything so it definitely pushes you sometimes to you know develop yourself. I think it's good for you because it helps take a different role so it helps you to explore new experiences basically.

Speaker 3: I was also a bit shy myself. I kind of broke out of my shell especially in grade 12, it's after the Model UN conference that I started to realize that some people aren't that scary to approach and you can say hi and it not only improved me as a person academically, but it also improved me as a person in general. I became a lot more friendly, approachable, willing to have conversations with random people in the halls. Which I think is a wonderful thing. With all that technology our generation is losing a lot of those important social skills that are essential.