

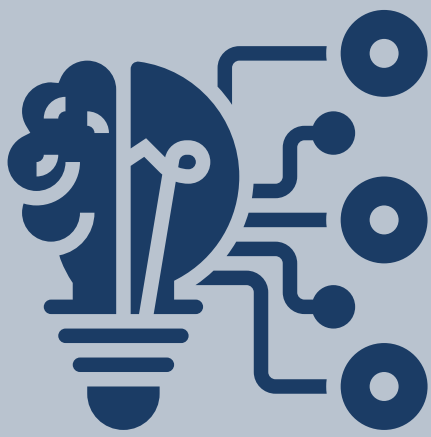
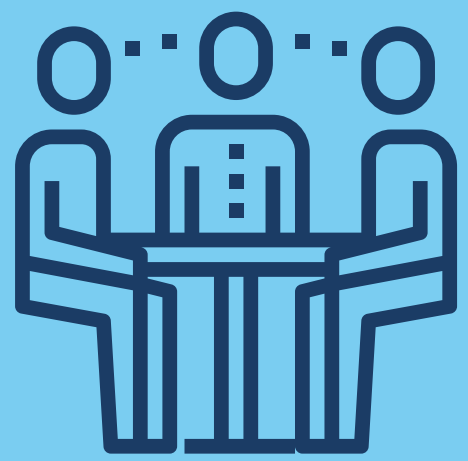
# KEYS TO EFFECTIVE E-LEARNING

## 1 ENGAGEMENT

Take courses you find interesting.

Learn a bit about the course from previous offerings. What do past students say?

Learn about the professor. If possible, watch them teach.



## 2 DEPTH OF PROCESSING

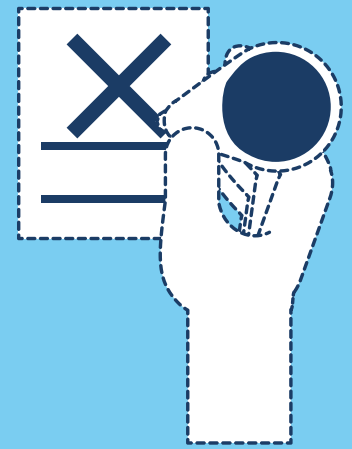
Learn at the deepest level possible. The more deeply you process the information the more you will learn.

Combat the dual forces of procrastination and distraction.

## 3 CONSCIENTIOUSNESS

Conscientiously approach your learning.

Personal habits like time management, self-management and work ethic are huge determinants of your success.



## 3 TIPS TO AVOID PROCRASTINATION



### Get Started!

Once you start something your mind will naturally want to get it done.



### Don't Finish!

Don't stop your work at an obvious point. Keeping some "unfinished business" will pull you back.



### Don't Share!

Sharing goals gives you a false sense of completion. Don't share your learning goals until they are complete.

## 4 TIPS TO AVOID DISTRACTION



Have an area you use ONLY for learning.



Leave your phone somewhere where you cannot hear or see it.



Do not allow text messages be available on your computer if possible.



If you're in a noisy space, consider getting noise cancelling headphones.